

PROMOTION RECOMMENDATION  
THE UNIVERSITY OF MICHIGAN  
MEDICAL SCHOOL  
DEPARTMENT OF PSYCHIATRY

Lindsay A. Bornheimer, Ph.D., LCSW, assistant professor of psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to associate professor of psychiatry, without tenure, Department of Psychiatry, Medical School (also associate professor of social work, with tenure, School of Social Work).

Academic Degrees:

Ph.D.	2016	New York University, Silver School of Social Work, New York, NY
M.S.	2009	Columbia University, School of Social Work, New York, NY
B.A.	2007	Drew University, Madison, NJ

Professional Record:

2023 – Present	Associate Professor (with tenure), University of Michigan School of Social Work, Ann Arbor, MI
2020 – Present	Assistant Professor, University of Michigan Department of Psychiatry, Ann Arbor, MI
2018 – 2023	Assistant Professor, University of Michigan School of Social Work, Ann Arbor, MI
2016 – 2018	Post-doctoral Research Associate, Washington University in St. Louis, Brown School of Social Work, St. Louis, MO
2016 – 2018	Associate Research Scientist, McSilver Institute for Poverty Policy and Research, New York University Silver School of Social Work, New York, NY
2016 – 2018	Adjunct Faculty, Instructor and Faculty Advisor for MSW Students, New York University Silver School of Social Work, New York, NY

Summary of Evaluation:

Teaching: Dr. Bornheimer teaches both social work students at master's and doctoral levels in the classroom and professionals in the community. She has taught nine different courses ranging from suicide assessment and prevention to applied structural equation modeling. She also has employed innovative approaches in the classroom when teaching social work students in the Interpersonal Practice Pathway in the School of Social Work. Dr. Bornheimer has also served as an independent study instructor for numerous students and as a field supervisor for master's level social work graduate students. She teaches cognitive behavioral therapy for suicide prevention, psychosis, depressive disorders, and other topics for healthcare providers. She has received excellent student evaluations and mentors multiple students at all levels and has co-published with many of them. In recognition of her teaching excellence, she was given the 2023 Undergraduate Research Opportunities Program (UROP) Outstanding Research Mentor Award.

Research: Dr. Bornheimer's research focuses on preventing suicide deaths among adults with serious mental illness, particularly individuals with schizophrenia spectrum disorders. Her body of work includes three specific areas of scholarship: 1) advancing understandings of suicide risk and protection; 2) developing, modifying, and testing interventions; and 3) strengthening and evaluating the implementation of interventions to increase access, utility, and scalability in practice. Currently, she is a principal investigator on three projects, including an R34 from the National Institute of Mental Health, and a Washtenaw County Community Mental Health grant, and one institutional grant. She has a robust track record of previous funding, and two grants are in the submission pipeline. Dr. Bornheimer has a consistent record of peer-reviewed publications with 54 manuscripts in top tier journals in her field. She has been

invited on 65 occasions to present her work nationally, and numerous additional oral conference presentations at society meetings.

#### Recent and Significant Publications:

- Bornheimer, L. A., Li Verdugo, J., Holzworth, Im, V., Smith, F., Sliwa, H., Taylor, S. F., King, C. A., Florence, T., TARRIER, N., Himle, J. A., (2022). "Modifying a cognitive behavioral suicide prevention treatment for adults with schizophrenia spectrum disorders in community mental health," *Psychiatry Research*, 311, 114505.
- Bornheimer, L. A., Martz, M. E., Suzuki, T., Tso, I. F., Burton, C. Z., Li Verdugo, J., Grove, T., Heitzeg, M. M., Taylor, S. F. (2022). "Affective dysregulation precedes emergence of psychosis-like experiences in a community sample of young adults." *Schizophrenia Bulletin*.
- Bornheimer, L. A., Wojtalik, J., Li, J., Cobia, D., & Smith, M. J. (2021). "Suicidal ideation in first-episode psychosis: Considerations for depression, positive symptoms, clinical insight, and cognition," *Schizophrenia Research*, 228, 298-304.
- Bornheimer, L. A., Zhang, A., Li, J., Hiller, M., TARRIER, N. (2020). "The effectiveness of psychosocial interventions to reduce suicidal ideation, plan, attempt, and completion among individuals with psychosis: A systematic review and meta-analysis," *Psychiatric Services*, 71(8), 829-838.
- Bornheimer, L.A., Wang, K., Zhang, A., Li, J., Trim, E. E., Ilgen, M., King, C. (2020). "National Trends in Non-Fatal Suicide Behaviors Among Adults in the United States from 2009-2017," *Psychological Medicine*, 1-9.
- Bornheimer, L. A., Acri, M., Parchment, T., McKay, M. (2019). "Provider attitudes, organizational readiness for change, and uptake of research supported treatment," *Research on Social Work Practice*, 29(5), 584-589.

Service: Dr. Bornheimer is on the editorial board of the Schizophrenia section of *Frontiers in Psychiatry* and has served as a reviewer for the Department of Defense Medical Research Program and Medical Technology Enterprise Consortium. She also reviews abstracts for the Council for Social Work Education's annual meeting and is on the Board of Directors for hEARt Listens and Garrett's Space. Dr. Bornheimer has service on several committees within the School of Social Work including the Faculty Search Committee, the Research Office Advisory Group, the Lecturer Advisory and Review Committee, and the Anti-Racist Praxis Caucus. She has advised student-developed initiatives for mental health peer support and suicide risk assessment. She also works with local community groups and non-profit organizations focused on suicide prevention and provides clinical training to local agencies.

#### External Reviewers:

Reviewer A: "Dr. Bornheimer's record of research support is above-average for early career scholars at her rank. She is PI of an R34 from the National Institute of Mental Health and site-PI for another R01 from NIMH. In addition, she has received several substantial foundation grants, and has been involved in a number of other NIMH-funded projects when she was a postdoctoral fellow. She has been able to secure this important funding without the support of a career development award, making these accomplishments particularly impressive."

Reviewer B: "Dr. Bornheimer has disseminated, presented, and published her scholarship across a number of professional forums, including conferences, trainings, and peer-review publications. Dr. Bornheimer has presented her work 61 peer-reviewed conferences, 38 presentations occurred after joining UMich. She was the lead presenter on 60% of her peer-reviewed professional conference presentations."

Reviewer C: “In terms of Dr. Bornheimer’s trajectory, I am confident that she has the potential to become a leader in our field. One important way in which she stands out from the crowd is that she effectively combines sophisticated research skills with advanced clinical training and expertise. This rare combination places her in an excellent position to continue to carry out the level of significant, high quality work that the field requires.”

Reviewer D: “Dr. Bornheimer has 47 peer-reviewed articles, of which 20 are first-authored and 2 are sole authored. She has an h-index of 14 with ~1,282 citations. She has published in such high impact journals...”

Reviewer E: “Dr. Bornheimer has clearly contributed to the broader field of suicide prevention through service and leadership. She has presented widely at scholarly conferences, 42 since her arrival at UM in Fall 2018. Her professional leadership and service also include significant participation as a journal reviewer for 19 journals; she notes reviewing 2 articles per month.”

Reviewer F: “She provides formal instruction to Master’s and Doctoral students alike, and her personal statement includes a thoughtful approach to teaching and mentoring. Her student evaluations have been outstanding and suggests that teaching is central to her career as a social work educator.”

Reviewer G: “... it is my distinct impression that all of Dr. Bornheimer’s papers are scientifically exacting, penetrating in the questions they ask, and applicable to improving the human condition. Her ability to tackle such challenging and important questions in ways that bring science to solutions is evident in all of her work.”

Summary of Recommendations:

Dr. Bornheimer’s expertise in suicide prevention, behavioral intervention research, and implementation science have had significant impact in research and practice within psychiatric fields. She has established herself as a leader in the area of schizophrenia spectrum disorders and evidence-informed practices for suicide prevention, demonstrated her strong efforts in teaching and mentoring students, and has an exemplary record of service to the schools and the university. We are pleased to recommend Lindsay Bornheimer, Ph.D., LCSW for promotion to associate professor of psychiatry, without tenure, Department of Psychiatry, Medical School.



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Marschall S. Runge, M.D., Ph.D.  
Executive Vice President for Medical Affairs  
Dean, Medical School

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